# Inflation and the Consumer Price Index (CPI)

### Inflation

 Inflation is a general rise in the level of prices over time. It is a sustained increase in the price level of goods and services. As a result, it takes more money to buy the same goods and services.

Inflation means prices go up!



### Deflation

 Deflation is a general decline in the level of prices over time. It is a sustained decrease in the price level of goods and services. As a result, it takes less money to buy the same goods and services.

Deflation means prices go down!



### Disinflation

 Disinflation is a decrease in the rate of inflation. Prices continue to rise over time but at a slower rate than before.

 Disinflation means prices rise at a slower rate.



#### History of United States Postage Rates (Rate for first-class postage for letter -- one ounce)

Rate	Date	Rate
3 cents	April 3, 1988	25 cents
4 cents	February 3, 1991	29 cents
5 cents	January 1, 1995	32 cents
6 cents	January 10, 1999	33 cents
8 cents	January 7, 2001	34 cents
10 cents	June 30, 2002	37 cents
13 cents	January 8, 2006	39 cents
15 cents	May 14, 2007	41 cents
18 cents	May 12, 2008	42 cents
20 cents	May 11, 2009	44 cents
22 cents	January 22, 2012	45 cents
	3 cents 4 cents 5 cents 6 cents 10 cents 13 cents 15 cents 15 cents	3 cents       April 3, 1988         4 cents       February 3, 1991         5 cents       January 1, 1995         6 cents       January 10, 1999         8 cents       January 7, 2001         10 cents       June 30, 2002         13 cents       January 8, 2006         15 cents       May 14, 2007         18 cents       May 12, 2008         20 cents       May 11, 2009

### How Do We Measure Inflation?

- The most common instrument used to measure inflation is the consumer price index.
- The Consumer Price Index (CPI) is a measure of the average change over time in the prices paid by urban consumers for a market basket of consumer goods and services.
- The CPI measures changes on a monthly basis.

### What Is Included In The CPI?

 Although it does not include all items, it includes a representative selection of consumer goods and services. Items are divided into more than 200 categories, arranged into 8 major groups, and consisting of more than 80,000 items.

#### Group

Food and Beverages



- Breakfast cereal
- Milk
- Coffee
- Chicken
- Wine
- Full-service meals
- Snacks

#### Group

Housing



- Rent of primary residence
- Owners' equivalent rent
- Fuel oil
- Bedroom furniture

#### Group

Apparel



- Men's shirts
- Women's sweaters
- Women's dresses
- Jewelry

#### Group

Transportation



- New vehicles
- Airline fares
- Gasoline
- Motor vehicle insurance

#### Group

Medical care



- Prescription drugs
- Medical supplies
- Eyeglasses
- Eye care
- Hospital services

#### Group

Recreation

- Televisions
- Toys
- Pets and pet products
- Sports equipment
- Admissions



#### Group

Education and communication



- College tuition
- Postage
- Telephone services
- Computer software
- Computer accessories

#### Group

Other goods and services



- Tobacco
- Smoking products
- Haircuts
- Manicures
- Funeral expenses

### What Is Not Included In The CPI?

 Taxes (such as income and Social Security taxes) not directly associated with the purchase of consumer goods and services

 Investment items, such as stocks, bonds, real estate, and life insurance (these items relate to savings and not to day-to-day consumption expenses)

### The Core CPI

The core CPI is the CPI excluding food and energy.

Food and energy prices tend to be more volatile and subject to more price variation-sharp and often short-term movements can obscure longer-term and underlying trends in other categories.